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PROFESSIONAL EXPERIENCE

07/1996 – TO PRESENT

CLINICAL PSYCHOLOGIST / PRIVATE PRACTICE | HONOLULU, HI

- Conduct individual psychotherapy with adults, adolescents, and seniors

01/1996 – 2018

LECTURER / CHAMINADE UNIVERSITY | HONOLULU, HI

- Taught internship seminar for master's level graduate students in counseling psychology program

01/2000 – 09/2007

ASSISTANT PROFESSOR / UNIVERSITY OF HAWAI'I, JOHN A. BURNS SCHOOL OF MEDICINE DEPARTMENT OF FAMILY PRACTICE AND COMMUNITY HEALTH | MILILANI, HI

- Supervised family practice residents in counseling patients, conducted individual psychotherapy
- Co-facilitated weekly group psychotherapy
- Assisted behavioral health director in curriculum planning for family practice residents

07/1995 – 12/1999

CLINICAL PSYCHOLOGIST / PRIVATE PRACTICE | MILILANI, HI

- Conducted individual psychotherapy with adults, adolescents, and couples
- Provided psychological assessments and supervision

05/1995 – 12/1999

COUNSELOR/GROUP FACILITATOR / KAISER PERMANENTE | HONOLULU, HI

- Co-facilitated weekly groups to combat depression in clinically depressed adults
- Conducted behavior modifications workshops for smoking cessation program, provided counseling/support to aid in smoking cessation

03/1995 – 12/1999

STAFF THERAPIST / CHILD AND FAMILY SERVICES | HONOLULU, HI

- Provided home-based assessment which includes individual conjoint psychotherapy for physically and sexually abused children, adolescents, and families referred for therapeutic intervention by Child Protected Services

11/1994 – 02/1997

PSYCHOTHERAPIST / HERITAGE COUNSELING SERVICES | HONOLULU, HI

- Provided vocational rehabilitation counseling and assessment to medically, psychiatrically, disabled veterans and civilians

11/1993 – 03/1995

RESEARCH ASSISTANT / VETERANS ADMINISTRATION: HAWAI'I VIETNAM VETERANS PROJECT | HONOLULU, HI

- Conducted extensive structured interviews with Japanese American and Native Hawaiian Vietnam theater veterans as part of a congressional mandated epidemiological study to assess Post-Traumatic Stress Disorder in selected ethno cultural services
- Assisted clinical coordinators in management overall project

09/1992 – 03/1995

PSYCHOLOGY RESIDENT / QUEEN'S MEDICAL CENTER, PRE-DOCTORAL RESIDENCY | HONOLULU, HI

- APA Accredited: Provided patient, individual group, and family therapy, psycho-diagnostics and neuropsychological assessment and screening
- Intake, screening, and evaluating of new patients in the outpatient clinic
- Consultant to multidisciplinary inpatient psychiatric treatment team
- Case management, resource referral, and educational presentations
- Patient population included acute and chronically mentally ill adults/adolescents from diverse ethnic and cultural backgrounds

07/1991 – 08/1992

RESEARCH ASSISTANT / PALO ALTO UNIVERSITY | PALO ALTO, CA

(Formerly known as Pacific Graduate School of Psychology)

- Assisted the director and committee in evaluating ethical standards for protection of human subjects used in research protocols for dissertation students

09/1988 – 08/1992

**PSYCHOLOGICAL ASSISTANT / DOWNTOWN ASSESSMENT & TREATMENT GROUP |
LOS ANGELES, CA**

- Conducted psychological evaluation for disability claimants applying for SSI/SSDI benefits

07/1990 – 09/1990

**PRACTICUM STUDENT INTERN/THERAPIST / KURT & BARBARA GRONOWSKI CLINIC |
PALO ALTO, CA**

- Conducted outpatient adult individual therapy, intake evaluations, treatment planning and resource referral

01/1990 – 09/1990

**PRACTICUM STUDENT INTERN/THERAPIST / WOMEN & THEIR CHILDREN'S HOUSING
| MILPITAS, CA**

- Provided individual, group, conjoint therapy and psychological assessment to culturally diverse population of battered women and physically/sexually abused children
- Treated patients with a variety of substances abuse, adjustment, anxiety, affective, personality, post-traumatic, psychotic, developmental, and behavior disorders

12/1988 – 09/1989

**CASE MANAGER/THERAPIST / UNIVERSITY OF SOUTHERN CALIFORNIA,
ALTERNATIVES TO HOSPITALIZATION | LOS ANGELES, CA**

- Conducted inpatient and outpatient individual and group therapy, case management, discharge planning, and resource referral in a psychiatric treatment program, which served as an alternative acute hospitalization

08/1988 – 05/1989

THERAPIST / A TOUCH OF CARE | LOS ANGELES, CA

- Conducted an outpatient residential group and a milieu therapy in a multidisciplinary psychiatric treatment program with chronically mentally ill
- Patient population included adolescent and young adults with chronic and acute psychiatric disorders and substance abuse

09/1987 – 06/1988

INTERN / VETERANS ADMINISTRATION OUTPATIENT CLINIC | BOSTON, MA

- Provided outpatient individual, group, and milieu therapy to Korean and Vietnam veterans in a multi-disciplinary setting
- Patient population was culturally diverse and diagnostically varied and included dual diagnoses

09/1986 – 06/1988

ACADEMIC COUNSELOR / NORTHEASTERN UNIVERSITY | BOSTON, MA

- Provided curriculum advisement, vocational counseling
- Assisted college students in resolving academic deficiencies

08/1985 – 05/1986

STUDENT COUNSELOR / UNIVERSITY OF KANSAS, MINORITY AFFAIRS PROGRAM | LAWRENCE, KS

- Provided counseling to minority freshmen in retention program for being at risk of dropping out
- Focused on academic, social, emotional issues, monitored students academic progress and provided resource referral

08/1983 – 05/1985

RESEARCH AND TRAINING ASSISTANT / UNIVERSITY OF KANSAS | LAWRENCE, KS

- Conducted as in field laboratory studies in a variety of roles, from confederate to experimenter
- Ran subjects through protocol, debriefing procedures, and assisted data analysis and write up of research findings

EDUCATION

1994

PH.D., CLINICAL PSYCHOLOGY / PALO ALTO UNIVERSITY | PALO ALTO, CA
(Formerly known as Pacific Graduate School of Psychology)

1992

M.S., CLINICAL PSYCHOLOGY / PALO ALTO UNIVERSITY | PALO ALTO, CA
(Formerly known as Pacific Graduate School of Psychology)

1988

M.S., COUNSELING PSYCHOLOGY / NORTHEASTERN UNIVERSITY / BOSTON, MA

1986

B.A., PSYCHOLOGY, HUMAN DEVELOPMENT / UNIVERSITY OF KANSAS / LAWRENCE, KS

PROFESSIONAL ASSOCIATIONS AND LICENSURES

LICENSED IN THE STATE OF HAWAI'I: CLINICAL PSYCHOLOGIST #PSY 580 | June 1996

HAWAI'I PSYCHOLOGICAL ASSOCIATION | August 1992

CALIFORNIA PSYCHOLOGICAL ASSOCIATION | February 1991

AMERICAN PSYCHOLOGICAL ASSOCIATION | October 1985